



ELKE HENSON

ASSOCIATE CASE MANAGER

INCLUSIVE CASE MANAGEMENT

CONTACT

✉ admin@inclusivecm.co.uk

📍 Greater Manchester,
Cheshire, Crewe, Stoke &
Stafford areas

🌐 www.inclusivecm.co.uk

SKILLS

- Comprehensive care planning and risk assessment.
- Diagnostic and complex decision-making skills.
- Critical thinking/reflection/analysis to inform assessment and clinical judgement.
- Advanced Clinical knowledge and expertise.
- Multidisciplinary co-ordination and leadership.
- Client advocacy and support.
- Crisis intervention.
- Excellent communication & interpersonal skills.
- Empathy and compassion in care.

PROFILE

I have worked for the NHS for 32 years in various roles but mainly in a nursing role. I am currently an Advanced Nurse Practitioner, my daily work encompasses all four pillars of the ANP role (Clinical Practice, Leadership & Management, Education and Research).

I am about to complete a Post Graduate Certificate in Mental Health Law (Northumbria University), which will give me Approved Clinician status. An AC is a mental health professional approved by the secretary of state or a person or body exercising the approval function of the secretary of state.

I have been an independent prescriber, since 2012 and I am the Trust Lead for Independent Prescribing.

I have a working knowledge of a wide range of neurological conditions and have specialised in Acquired Brain Injury for the last 21 years, I have a special interest in Traumatic Brain Injury and Epilepsy.

EXPERTISE

- Neuropsychiatry
- Head injury
- Neurology
- Mental health
- Independent Prescriber

Conditions worked with (not exhaustive):

Parkinson's Disease, Epilepsy, Huntington's Disease, Fronto-Temporal Lobar Degeneration, Lewy Body Dementia; Alcohol related brain disease, Alzheimer's disease, Vascular dementia, Motor Neurone Disease, Multiple Sclerosis. Organic psychosis. Drug induced psychosis.

Specialisms: Traumatic and non-traumatic brain injuries, neurological disease, mental health conditions, brain tumours, progressive neuro-degenerative conditions, behavioural difficulties following an Acquired Brain Injury, cognitive assessment, community nursing, advanced clinical practice. Assessment and treatment following an Acquired Brain Injury.



INCLUSIVE
CASE MANAGEMENT
EXPERTLY MANAGED REHABILITATION

EDUCATION

- Designated Prescribing Practitioner (2024)
- Msc in Advanced Clinical Practice (2020)
- Specialist Nursing Practice BA hons, 2:1 (2010)
- Diploma in Nursing Studies (MH Branch 2003)
- Professional Diploma in Epilepsy Care (2008)
- Independent and Supplementary Nurse Prescribing V300 (2012)
- Bond Solon Excellence in report writing (2019)

PROFESSIONAL REGISTRATIONS

- NMC 00A0711E
- BABICM Registered Practitioner

ADDITIONAL INFORMATION

- Full clean driving licence
- Enhanced DBS
- Personal references available on request
- ICO registration ZB738182

CAREER SUMMARY

ASSOCIATE CASE MANAGER

2024 - PRESENT

- Undertaking assessments of physical, communication, interaction and cognitive skills of clients who have suffered the trauma of catastrophic injury or an acquired brain injury.
- Providing advice and arranging support for family members, carers, and clients.
- Establishing treatment goals.
- Planning and providing appropriate treatment and activities.
- Co-ordinating treatment plans in line with other healthcare professionals.
- Liaising with family members, carers, and other professionals.
- Evaluating the need for interdisciplinary referral.
- Assessing treatment success at multi-professional case conferences/meetings.
- Providing accurate, timely documentation of treatment.
- Reviewing progress and planning further treatment.

ADVANCED NURSE PRACTITIONER, NEUROPSYCHIATRY, NHS

2003 - PRESENT

During my time in Neuropsychiatry, I have worked, initially as a staff nurse, working on an inpatient ward for 6 months then as a community nurse then Specialist Practitioner.

Daily duties include assessing, ordering investigations (bloods, scans etc), monitoring, diagnosis and treatment of neuropsychiatric conditions. I also support junior colleagues in determining an appropriate pathway of care/treatment for patients that they have assessed in a consultancy role.

Patient contact can involve either telephone, video link or face to face consultations (patients' home or other designated place). The ability to work autonomously is fundamental to my role but I also work closely with a multi-disciplinary team to ensure effective and streamlined care is provided in a timely manner.

I confidently and competently manage acute and chronic neuropsychiatric presentations and facilitate emergency admissions to hospital including admissions under the Mental Health Act. I also support patients and co-ordinate care of patients who are on Community Treatment Orders (CTO).

I have excellent verbal and written communication skills; these are used daily to consult with other professionals, patients, carers, statutory services and voluntary services. Additional tasks include keeping contemporaneous records, writing letters, referrals and reports, this can include Continuing Health Care, Mental Health Tribunal and Ministry of Justice reports.



My area of expertise is in traumatic brain injury, and I have a special interest in Epilepsy. On an ad-hoc basis I deliver rescue medication and epilepsy training both 'in house' and externally, I also teach Neuroanatomy and Mental Health Awareness at Keele University (ad hoc) for both medical and nursing students as a visiting lecturer, I also teach epilepsy and Parkinson's Disease to nurses on the preceptorship programme. I completed a "training to train" course delivered by Parkinson's UK; and offer cascade training throughout the Trust. I am currently working on devising a co-produced workshop in Epilepsy for the Wellbeing College.

I am a sign-off mentor for student nurses and enjoy teaching; I find that this helps to keep my own skills up to date. I am confident at delivering presentations and enjoy sharing my knowledge with others. I have also recently completed a Designated Prescribing Practitioner (DPP) course at Keele University which enables me to supervise other health care professionals as they complete an Independent Prescribing course and sign off their competencies.

I operate nurse led clinics on a weekly basis and a "one-stop" Acquired Brain Injury clinic on a monthly basis, the latter is run jointly with colleagues in the field of Rehabilitation Medicine.

I have co-written an on-line module (fronto-temporal dementia) with one of the Consultant Neuropsychiatrists that I work with which was published by The Royal College of Psychiatry. I have also helped to organize 6 annual Neuropsychiatry conferences with both National and International speakers. In January 2024, I organized a National conference for Independent Prescribers, utilising strong organisational, communication and planning skills to deliver a full day conference with eminent speakers in various fields; the feedback received has been excellent.

During my career, I have had two secondments into an Epilepsy Specialist Nurse post in Learning Disabilities; I learnt a lot during this time especially about effective communication, a lot of the patients were unable to communicate verbally.

I was also seconded to support Track & Triage October 2017-June 2018, this was a challenging role. This was a new team that was formed to help relieve the winter beds pressure at Royal Stoke University Hospital, the hospital was frequently working at "severe pressure" level; I feel that my skills developed, and I was able to demonstrate flexibility, adaptability and resilience and was able to deliver a service in often stressful situations. "Thinking outside the box" to move people on to free up beds became a daily occurrence as beds were limited.

- **STAFF NURSE, CAMHS** FEB 2003 - SEPT 2003
- **RAPID RESPONSE NURSE, NHS** JAN 2000 - FEB 2003
- **HEALTH CARE SUPPORT WORKER, NHS** NOV 1998 - JAN 2000

