



SAMANTHA MAYER

ASSOCIATE CASE MANAGER

INCLUSIVE CASE MANAGEMENT

CONTACT

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📍 Greater Manchester,
Cheshire, Crewe, Stoke &
Stafford areas

🌐 www.inclusivecm.co.uk

SKILLS

- Neuropsychiatry and other mental health difficulties.
- Neurological disorders.
- Neurological behavioural difficulties.
- Neurological rehabilitation.
- Traumatic and acquired brain injuries including walking wounded, complex mental health needs and cognitive deficits, post-concussion syndrome and those in low awareness states and complex physical health needs.

PROFILE

I specialise in adult neurology, neuropsychiatry, and mental health, with a particular focus on acute neurological rehabilitation, assessment, neurological community rehabilitation and social integration for individuals facing neurological deficits. My expertise lies in working with clients dealing with various cognitive disorders and injuries, including traumatic and acquired brain injuries, Huntington's disease, Parkinson's disease, psychosis, and early onset dementia.

Throughout my career in community neuro-rehab and neuropsychiatry, I've honed my skills in interdisciplinary collaboration. I excel in facilitating clients' rehabilitation goals through a multi-disciplinary team approach, which includes identifying suitable support workers and creating personalised support packages.

As an experienced team leader, I provide supervision and manage therapy plans within budget constraints. I prioritise continuous professional development to stay updated on the latest advancements and practices relevant to my client group and their deficits.

One of my strengths is building strong therapeutic relationships with clients. I approach interactions with empathy, a non-judgemental attitude, and warmth, ensuring that clients feel supported and understood throughout their rehabilitation journey.

EXPERTISE

- Stroke.
- Palliative care.
- Learning disabilities (Young Adult and Older Adult).
- Orthopaedic injuries (Adult and Paediatric).
- Amputees (Paediatric and Adult).
- Complex cognitive assessments.
- Fatigue assessments and education and management.
- Vocational rehabilitation.
- Community rehabilitation and integration.
- Support and training for support workers.
- Specialist equipment assessment and provision.
- Sourcing of independent therapy and care providers to meet the client's needs.



INCLUSIVE
CASE MANAGEMENT
EXPERTLY MANAGED REHABILITATION

EDUCATION

- Bsc Hons Occupational Therapy 2:1 Coventry University – 2009
- 2023 New and Would be brain injury case manager training
- 2021 Montreal cognitive assessment training
- 2019 Tai Chi for rehab
- 2018 Bond Solon Excellence in report writing

PROFESSIONAL REGISTRATIONS

- Health & Care Professionals Council (HCPC) Registration number: OT61209
- British Association of Occupational Therapists (BAOT) Registration number: BT0802827
- ICO Registration Registration reference: ZB508581
- BAIBCM – Registered practitioner

ADDITIONAL INFORMATION

- Full clean driving licence
- Enhanced DBS

CAREER SUMMARY

ASSOCIATE CASE MANAGER INCLUSIVE CASE MANGEMENT

2024 - PRESENT

- Undertaking assessments of physical, communication, interaction and cognitive skills of clients who have suffered the trauma of catastrophic injury or an acquired brain injury.
- Providing advice and arranging support for family members, carers and clients.
- Establishing treatment goals.
- Planning and providing appropriate treatment and activities.
- Co-ordinating treatment plans in line with other healthcare professionals.
- Liaising with family members, carers, and other professionals.
- Evaluating the need for interdisciplinary referral.
- Assessing treatment success at multi- professional case conferences/meetings.
- Providing accurate, timely documentation of treatment.
- Reviewing progress and planning further treatment.

ASSOCIATE & INDEPENDENT OCCUPATIONAL THERAPIST & CASE MANAGER

2017 - PRESENT

- Working in a senior role in an NHS neuropsychiatry service based within the community and on a neuro-behavioural unit and in Neurology and a Neurological Surgical ward within a Major Trauma Centre.
- Supporting clients with a wide range of physical, psychiatric, and psychological symptoms because of a neurological injury or illness.
- Providing goal orientated and client focused assessments and rehabilitation programmes. Specialising in neurological rehabilitation with a special interest in neuropsychiatry.
- Working collaboratively with family members and carers to help increase the client's functional independence and overall quality of life.
- Working in all community settings from homes, schools, colleges, workplaces and social environments to ensure that clients are achieving their maximum potential and fulfilling their roles, routines and occupations.
- From 2023, fulfilling a case management role alongside the independent OT work offering effective co-ordination of support for clients who have experienced catastrophic injuries.

SPECIALIST OCCUPATIONAL THERAPIST, NHS

2022

Responsible for introducing OT to the primary care network and developing a new neurological service. The service was designed to provide preventative care to people with cognitive or neuro-diversity deficits, early interventions to people who have a new diagnosis of a long term neurological illness and to support them to perform in their roles, routines, and occupations. This service supported a reduction in crises and the need for GP appointments, requests for fit notes, hospital admissions and carer breakdown.



SENIOR OCCUPATIONAL THERAPIST, NHS

2017 - 2022

- Working with clients with a wide range of physical, psychiatric and psychological symptoms as a result of a neurological injury or illness both in the community and as in-patient.
- Assessment, treatment and provision of complex treatment plans in order to achieve safety and independence in fulfilling and meaningful activities and occupations.
- Assessing for and implementing adaptive and specialist equipment, social skills training, anger and anxiety management, manual handling training, complex risk assessments and group work.
- Common injuries and illnesses worked with include, Huntington's disease, Parkinson's disease, Korsakoff's dementia, traumatic and non-traumatic head injuries and stroke.

SENIOR LEAD OCCUPATIONAL THERAPIST, NHS

2013 - 2017

- Assessing function within activities of daily living & activity analysis Use of standardised assessments to create objective assessments.
- Cognitive assessments of patients with lowered Glasgow coma scale scores and with long term cognitive deficits caused by brain injury assessment of post-traumatic amnesia and high-level cognitive assessments.
- Cognitive rehabilitation involving and educating family members in cognitive rehabilitation programmes.

BASIC GRADE OCCUPATIONAL THERAPIST, NHS

2009 - 2013

- Rotations completed: Acute in-patient Mental Health and Stroke Rehab Unit. Medical Wards, Orthopaedic Elective and Trauma wards.

